

Syllabus
&
Ordinances
Of
Master of Arts(M.A.)
in
Philosophy
Regulations 2020

Department of Applied Philosophy
Faculty of Education & Allied Sciences
M.J.P. Rohilkhand University, Bareilly

M.A. – Philosophy

Proposed w.e.f. July 2022

General Objectives of the Course

1. The course will prepare the students to work as :
 - i. Teachers
 - ii. Researchers in the field of Applied Philosophy
 2. The students will equip to act as specialists in areas of:
 - i. Indian and Western Philosophy
 - ii. Analytic and Social Philosophy
 - iii. Philosophy of various Philosophers
 3. The course will prepare the students for coordination in the areas of Applied Philosophical services
 4. The course will develop among students the global perspective of Applied Philosophy.
- The course design of M.A.- Philosophy is given below-

Semester-I

Course No	Name of the Course	Credit	Remarks
PHILCC-101	Indian Philosophy –I	05	Core Course
PHILCC-102	Western Philosophy-I	05	Core Course
PHILCC-103	Ethics	05	Core Course
PHILCC-104	Philosophy of Aurobindo	05	Core Course
PHILCC-105	Samkhya-Yoga	04	Core Course
PHIL EL-101	Professional Ethics	04	Elective -A
PHILEL-101	Yoga & Stress Management	04	Elective- B
Semester Total		28	

Semester-II

Course No	Name of the Course	Credit	Remarks
PHILCC-201	Indian Philosophy –II	05	Core Course
PHILCC-202	Western Philosophy-II	05	Core Course
PHILCC-203	Philosophy of Religion	05	Core Course
PHILCC-204	Philosophy of Vivekanand	05	Core Course
PHILCC-205	Raj-Yoga (Practical	04	Core Course
PHILEL-201	Environmental Ethics	04	Elective-A
PHILEL-201	Yoga Education for better Living	04	Elective- B
Semester Total		28	

Semester-III

Course No	Name of the Course	Credit	Remarks
PHILCC-301	Epistemology	05	Core Course
PHILCC-302	Jainism	05	Core Course
Elective	Choose one from Each Group- A, B , C,		
Elective	Group-A		
PHILEL-303-	Philosophy of Shankarachary	05	Elective
PHILEL-304-	Philosophy of Ramanujacarya	05	Elective
PHILEL- 305-	Philosophy of Education	05	Elective/
Elective	Group-B		
PHILEL-306-	Buddhism	05	Elective
PHILEL-307-	Logic	05	Elective
PHILEL-308-	Analytic Philosophy	05	Elective
Elective	Group- C		
PHILEL-309	Computer Application in Philosophy	05	Elective
PHILEL-310	Applied Ethics	05	Elective
PHILEL-311	Applications of Yoga: Theory & Practice	05	Elective
Semester Total		25	

Semester-IV

Course No	Name of the Course	Credit	Remarks
PHILCC-401	Phenomenology & Existentialism	05	Core Course
PHILCC-402	Indian Ethics & Social Philosophy	05	Core Course
PHILCC-403	Philosophy of Kant, Hegel & Bradley	05	Core Course
PHILMT-404	Dissertation	08	Master Thesis
PHILCC-405	Comprehensive Viva-Voce	04	Core Course
Semester Total		27	
Grand Total		108	

Continuous Comprehensive Evaluation

1. One Assignment from each course
2. Tutorial/Discussion, seminar/symposia
3. Participation of co-curricular activities (behavior and conduct). Departmental teachers shall evaluate students. The teachers will be deputed the Head/Dean, Department/Faculty. This will be followed in all semesters. The maximum marks will be; External 70 marks and internal 30 marks. Other terms and conditions regarding examinations are laid by under the university rules and regulations.

Internal Assessment					External Assessment	Total Marks
Assignment/Tutorial/seminar etc	Test I	Test II	Overall Performance (Attendance/Learning etc	Marks 30		
05	10	10	05	30		
					70	100

Abbreviations

PHIL : Philosophy ; PHILCC : Philosophy Core Course ; PHILEL :Elective

Detailed Syllabus

M.A. in Philosophy

First Semester

PHILCC-101

Paper –I :Indian Philosophy-I

Objectives

1. Insight into the concept of Indian Philosophy & its total perspectives
2. An extensive knowledge of Vedic & Upanisadic Philosophy
3. The ability to understand the Doctrines of Karma, Samsara, Moksa & Purusartha
4. The ability to understand Philosophy of Jainism and Buddhism

Course Contents

Unit-I

Vedic Concepts of Sat, Purusa, Rta and Yama ; Upanisadic concepts :Atman, Brahman, Sreyasa and preyasa

Unit-II

Carvaka ; Perception as Pramana, Critique of Anumana and Sabda, Ontology

Unit-III

Jainism : Theory of knowledge, Anekantavada, Syadvada, drvyva, Guna, Paryaya, Jiva, bondage and Liberation

Unit-IV

Buddhism : Four Noble Truth, Nirvana, Pratityasamutpad, Ksanabhangavada, Anatmavada, Schools of Buddhism- Vaibhasika, Sautrantika, Yogacara and Madhymika.

Suggested Studies

1. C.D.Sharma: A Critical Survey of Indian Philosophy, Motilal Banarasidas, English and Hindi Edition
2. S.I.Pandey; Bharatiya Darsana kia Sarveksana, Pryaga Pustaka Kendra, Allahabad
3. M.Hiriyann: Outlines of Indian Philosophy, MLBD
4. P.T.Raju : Structural Depths of Indian Thought , Rajasthan Hindi Grantha Academy, Jaipur
5. R.D.Ranade ; Critical Survey of Upanisadic Philosophy, Rajasthan Hindi Grantha Academy, Jaipur
6. S.Radhakrishnan ; Indian Philosophy, Vol.I Rajpal & Sons, Delhi, Hindi & English Edn
7. S. Chatterjee & D. Datta : An Introduction to Indian Philosophy, Rupa Publications, Delhi
8. Umesh Mishra : Bhartiya Darshan, UP. Hindi Samsthan, Lucknow
9. B.N.Singh : Bhartiya Darshan ki Ruprekha, Asha Publications, Varanasi

Paper –II: Western Philosophy-I

Objectives

The students shall

1. Have in-depth understanding of Western Philosophy
2. Examine the various aspects of Pre-Socratic Philosophy
3. Have better understanding of Aristotle with special reference to conception of soul and God
 1. Critically evaluate the transition to Modern Philosophy, conception & need for method in Philosophy

Course Contents

Unit-I

Pre-Socratic Philosophy: Ionian, Eleatics and Heraclitus, Sophists and Atomists

Unit-II

.Plato: Theory of Ideas, Conception of Dialectic, Theories of Soul and God ; .Aristotle; Critique of Plato's theory of Ideas, Theory of Causation, Conception of Soul and God, Categories and their Classification

Unit-III

.Aquinas: Five ways of proving the existence of God, Man and nature

Unit-IV

.Descartes: The Cogito ergo sum, God and proofs for its existence, Body-Mind problem-Interactionism

Suggested Studies

1. B.N.Sharma: Plato ka Prajatantra, Hindi Sahitya Sammelana, Prayag
2. Zeller; Outlines of Greek Philosophy
3. Copleston: Medieval Philosophy
4. J.S.Srivastava; Greek evam Madhyayugeen Darsana ka Vaigyanika Itihasa
5. C.L.Tripathi: Greek Darsana
6. John Burnet: Greek Darsana, Hindi Translation-S.p.Dubey Madhy Pradesh Hindi Grantha Academy, Bhopal
7. W.T.Stace: Greek Philosophy
8. B.N.Singh : Pashchaty Darshan ki Ruprekha, Asha Publications, Varanasi

Paper –III: Ethics

Objectives

The students will

1. Comprehend the nature of Ethics and its relation to religion, Sociology & Psychology
2. Be able to understand the postulates of Morality
3. Develop an understanding and distinction of various aspects of normative & analytic ethics
4. Understand different theories of punishment

Course Contents

Unit-I

Nature and scope of Ethics, its relation to Religion, Sociology and Psychology; concept of right, good and duty ; Moral Concepts: Right & Wrong, Good & Bad, Duty & obligation

Unit-II

Postulates of Morality: Freedom, Determinism, Responsibility

Unit-III

Normative Ethics; Hedonism & Utilitarianism, Intuitionism, Rationalism, Perfectionism

Unit-I

Analytic Ethics; Distinction between Normative and Analytical Ethics, Distinction between Fact and Value, Ethical Cognitive, :G.E.Moor, Non-Cognitive : A.J.Ayer (Emotivism), Stevenson (Imperativism) R.M.Hare (Perscriptivism)

Suggested Studies

1. T.E.Hill :Contemporary Ethical Theories
2. Ved Prakash Verma :Niti Shastra,
3. H.N.Mishra : Nitishastra ke Siddhanta
4. S.L.Pandey ; Nitishastra ka Sarveksana
5. A.K.Verma : Nitishastra ka Siddhanta
6. G.E.Moore : Principia Ethica
7. Surendra Verma :Samakalina Nitishastra
8. W Lillie : Introduction to Ethics
9. Warnock : Ethics since 1900

Paper –IV : Philosophy of Sri Aurobindo

Objectives

The students will

- 1.Theoretical knowledge of Philosophy of Aurobindo
- 2.Understand the nature & origin of Ignorance
- 3.Be able to learn Divine life
- 4.Have depth knowledge about Samagra Yoga

Course Contents

Unit-I

- 1.The Human Aspiration: The methods of Vedanti Knowledge, Reality & Integral Knowledge, Two negations- material denial and ascetic refusal

Unit-II

- 2.Nature of Reality; Sacchidananda, Pure Existent, Consciousness- Force, delight of existence, the problem and solution, nature of creation

Unit-III

- 3.World process; Descent or Involution, Ascent or evolution, The Ascending Series of Substance, sevenfold chord of Being

Unit-IV

- 4.Nature of man: the double soul, Rebirth, law of karma, Ignorance-nature and origin, sevenfold Ignorance. ; Supermind; Triple status of Super mind, Triple transformation, Gnostic Being, Super mind, Triple Transformation, Divine Life, Integral Yoga

Suggested Studies

- 1.The Life Divine Book one and two :part I & II
- 2.Sri Aurobindo ; Synthesis of Yoga
- 3.S.K.Maitra ;An Introduction to the Philosophy of Sri Aurobindo
- 4.A.K.Singh: sri Aurobindo Darshana ki Bhumika
- 5.A.k.singh : sri Aurobindo ka Purnayoga
- R.S.Maitra ; Integral Advaitism of Sri Aurobindo

Objectives

The students shall

- 1.Be able to understand the role and importance of Samkhya yoga
- 2.Understand the nature of Prakrti and Purusa with special reference to arguments for the existence of Prakrti and Purusa
- 3.Develop understanding about nature of Liberation and God
- 4.Be able to understand the concept, basis, need and importance of Yoga

Course Contents

Unit-I

History and Trends of Samkhya; Theory of Causation ;Doctrine of Satkaryavada

Unit-II

Nature of Prakrti : Arguments for the existence of Prakrti and Gunas, Evolution of Prakrti and the nature of its evolutes

Unit-III

Nature of Purusa : Arguments for the Existence of Purusa, Plurality of Purusa and its arguments , Relation between Purusa and Prakrti ; Nature and means of Liberation

Unit-IV

Yoga: Concept and Definition of Yoga, basis, need and importance, Astanga yoga, Nature and place of God

Suggested Studies

1. H.R.Nagendra ; Yoga: Basis and Application
2. S.P.Atrey : Yoga Manovigyana
3. Harendra Prasad Sinha : Indian Philosophy
4. C.D.Sharma ; A Critical survey of Indian Philosophy
5. Vimala Karnataka :Yagavashistha kia Samiksatmaka Adhyayana
6. J.G.Larson :The Classical Samkhya
7. P.T.Raju : Structural Depths of Indian Thought

Professional Ethics

Objectives

The students shall

1. Be able to understand the role and importance of Indian Culture
2. Understand the nature of Professional Ethics and Values
3. Develop understanding about Science and Technology
4. Be able to understand the need and importance of Yoga in technocratic era

Unit-I : Philosophical Foundation of Indian Culture

- a. General introduction to Vedas, Upanishads, Shad-darshanas
- b. Elements of Major Indian Religions
- c. Essentials of Major Indian Philosophical Systems
- d. Teachings of Saints of India

Unit-II: Philosophical Foundations of Indian Values

- a. Purusartha
- b. Varnavyavastha
- c. Asramavyavastha
- d. Samskara

Unit-III : Technology and Ethics

- a. Ethical Aspects of Science and Technology
- b. Social Responsibilities of Scientists & Technocrat
- c. Ethics & Moral Reasoning of Science & Technology
- d. Problems of Development of Technology

Unit-IV : Foundations of Yoga

- a. Origin of Yoga, History and Development of Yoga; Etymology and Definitions
Misconceptions, Aim and Objectives of Yoga, True Nature and Principles of Yoga
- b. Trends of Yoga in Ancient Periods: Epics, Smritis, Tantra etc.
- c. Trends of Yoga in Contemporary Periods : Jnana, Bhakti, Karma and Dhyana
- d. Trends of Yoga in Modern Literatures: Ramakrishna and Swami Vivekananda,
Shivanada Saraswati, Swami Rama of Himalayas, Maharshi Mahesh Yogi and other
Important Sects

Suggested Studies

1. H.R.Nagendra ; Yoga: Basis and Application
2. S.P.Atrey : Yoga Manovigyana
3. Harendra Prasad Sinha : Indian Philosophy
4. C.D.Sharma ; A Critical survey of Indian Philosophy
5. Vimala Karnataka :Yagavashistha kia Samiksatmaka Adhyayana
6. J.G.Larson :The Classical Samkhya
7. P.T.Raju : Structural Depths of Indian Thought

Yoga & Stress Management

Objectives

1. Able to know the concept of Yoga & Stress
2. Able to know the Psychological Factors of Stress
3. Able to know the social Factors of Stress
4. Able to know the stress management through Yoga

Course Contents

Unit-I

1. Yoga : Concept, definition, Importance, Astanga Yoga

Unit-II

2. Stress: Concept, definition, Models

Unit-III

3. Stress : Psychological, Social, Environmental

Unit-IV

4. Coping Stress & Management

Suggested Studies

1. H.R.Nagendra ; Yoga: Basis and Application
2. D.M. Pestonjee: Stress and Coping
3. H. Selye : Stress in Health and Disease
4. M.H. Appley and R. Trumbull : Dynamics of Stress
5. S.P.Atrey : Yoga Manovigyana
6. H. Selye : Stress without Distress
7. P.T.Raju : Structural Depths of Indian Thought
8. Yuvacharya Mahaprajna : Preksha Dhyan
9. Mahesh Yogi : Transcendental Meditation
10. Satynarayan Goenka : Vipasyana
11. J.C. Coleman : Abnormal Psychology and Modern Life
12. E.Rosen & I. Gregory : Abnormal Psychology

Second Semester

PHILCC-201

Paper-I: Indian Philosophy-II

Objectives

The Students will

1. Understand the various concepts of Nyaya-Vaisesika
2. Be able to learn Mimansa and its schools
3. Able to understand the various trends of Vedantic thoughts
4. Have to comprehensive knowledge about contemporary Indian Philosophy

Course Contents

Unit-I

1. Nyaya –vaisika : Concepts of Prama and aprama, Pramanya and apramanya, Pramanas-pratyksa, anumana, upamana, sabda, paratah pramanyavada, Concept of God, Vaisesika concept of padartha, Theory of Causation, Vaisesika Parmanuvada

Unit-II

2. Mimansa : Sruti and its importance, Classification of Srutivakya,- vidhi, sabdanityvada, jatisaktivada, anvitabhidhanavada and abhihitanvayavada, Arthapatti and anuplabdhi, svatah pramanyavada

Unit-III

3. Vedanta ; Relation between Purva mimansa and Uttara mimansa, karma and janma,

Unit-IV

4. Sankara and Ramanujam, their conception of Brahman, Isvara, Maya, Jagat, Jiva and Moksa

Suggested Studies

1. C.D.Sharma ; A Critical survey of Indian Philosophy, MLBD
2. S.L.Pandey ; *Bharatiya Darshan ka Sarveksana*, Prayag Book depot, Allahabad
3. M.Hiriyanna ; *Outlines of Indian Philosophy*
4. S.Radhakrishnan : *Indian Philosophy Vol.I&II*, MLBD
5. P.T.Raju: *Structural Depth of Indian Thought*
6. S.N.Das Gupta : *History of Indian Philosophy*
7. S. Chatterjee & D. Datta : *An Introduction to Indian Philosophy*, Rupa Publications, Delhi
8. Umesh Mishra : *Bhartiya Darshan*, UP. Hindi Samsthan, Lucknow
9. B.N.Singh : *Bhartiya Darshan ki Ruprekha*, Asha Publications, Varanasi

Paper-II: Western Philosophy-II

Objectives

The Students will

1. Have knowledge of various Western philosophers
2. Understand Philosophy of Spinoza and Leibnitz
3. Be able to learn the ideas of Locke and Berkeley
4. Understand the distinction between Ideas & Impression, treatment of Self & Causality by Hume

Course Contents

Unit-I

1. Spinoza; Substance, Attribute and mode, parallelism

Unit-II

2. Leibnitz: Monodology, Doctrine of Pre-established harmony

Unit-III

3. Locke ;Ideas and their classification, Refutation of innate ideas, Theory of Substance, Distinction between primary and secondary qualities

Unit-IV

4. Berkeley: Rejection of Matter, Criticism of abstract ideas, Esse est percipi, idealism ; Hume: Distinction between ideas and impression, Relations of ideas and matters of facts, treatment of Self, Causality and rejection of Metaphysics

Suggested Studies

1. F. Thilly : History of Western Philosophy
2. Rogers ; History of Western Philosophy
3. Fleckenberb ; History of Western Philosophy
4. O'conor : History of western Philosophy
5. B. Russel ; History of Western Philosophy
6. R. Pati : Modern Western Philosophy
7. Y. Masih ; Modern Western Philosophy, Bihar Hindi Grantha Academy, Patna
8. B.N. Singh ; western Philosophy, Motilala Banarasidas
9. C.D. Sharma : Western Philosophy, MLBD
10. J.S. Srivastava : Western Philosophy

Paper-III: Philosophy of Religion

Objectives

The Students will

1. Able to understand the meaning and nature of Philosophy of Religion
2. Understand the existence of God
3. Develop knowledge about the unity of religions
4. Learn about the problem of evil

Course Contents

Unit-I

1. Analysis of the term of Religion : The Nature of Religion, the main elements of Religion, and philosophy of unity of Religions, the Universal Religion, Secularism and Religious Tolerance

Unit-II

2. The Nature of Religious Knowledge and Experience, Faith, Reason, Feeling ; Bhakti and Mysticism, Religious Consciousness

Unit-III

3. Proof for the existence of God: Ontological, Causal, Teleological and Moral arguments ; God and the world; Deism, Theism and Pantheism

Unit-IV

4. Karma, Rebirth and the Problem of Evil

Suggested Studies

1. Gallaway : Philosophy of Religion
2. H.D. Lewis : Philosophy of Religion
3. Y. Masih : Adhunka Dharma Darshan, Bihar Hindi Grantha Academy, Patna
4. V.P. Verma : Dharma Darshan, Allied Pub. Pvt Ltd. New Delhi
5. John Hick. ; Philosophy of Religion, Prentice Hall, New delhi
6. Edward Miller : God and reason
7. L.N. Sharma : Dharma Darshan

Paper-IV: Philosophy of Vivekanand

Objectives

The Students will

1. Have theoretical knowledge Philosophy of Vivekanand
2. Understand the concept of Spiritual & Material man
3. Will able to learn about the Sarvbhauma Dharma (Universal Religion)
4. To learn about Rajayoga

Course Contents

Unit-I

1. Fundamental metaphysical view of Vivekanand; sat and Isvara

Unit-II

2. Proofs for the existence of God: extra feature of the God

Unit-III

3. Concept of World : Universe, Maya siddhanta ; Concept of Manava ;Material form of man, Karma & Freedom, concept of soul, form of liberated soul

Unit-IV

4. Concept of Yoga: Jnanayoga, bhaktiyoga, karmayoga, sarvabhauma dharma

Suggested Studies

1. Complete works of Vivekanand (8 vols)- Eng & hindi
2. Builders of Modern India, Vivekanand- V.K.V.Rao
3. Swami Vivekanand and the Future of India-Swami Ranganathanand
4. Swami Vivekanand, A Study, Manmohan Ganguly
5. Samakalina Bharatiya Darshana- Edt. Laxmi Saxena
6. Samakalina Bharatiya Darshana- B.K.Lal
7. Swami Vivekananda in East and West

Objectives

The Students will

1. Understand the theory and practices of Rajayoga
2. Learn the concept of yoga in Jainism, Buddhism & Hinduism with special reference to Rajayoga of Patanjali
3. Have knowledge about the practices of Asana, Pranayama & Dhyana
4. Have knowledge about different school of Dhyanyoga

Course Contents

Section A : Theory

Unit-I

Patanjal Yoga

Unit-II

Concept of Yoga in Jainism, Buddhism and Hinduism

Unit-III

Rajayoga of Patanjali and his followers

Unit-IV

Concept of Mental and physical Health

Section B: Practices

Unit-I

1.Asana : Ardhakati Cakra ,Padastha, Ardhacakra, Salabha, Bhujanga, Dhanura, Matsya, Padma, Vajra, Ardhamatsyendra, Mayura and savasana

Unit-II

2.Pranayama : Nadisuddhi, Suryabhedhi, Candrabhedhi, Bhramari, sitali, sitkari, Sadanta

Unit-III

3.Dhyana: Omkara, Cyclic

Unit-IV

4. Satakarma

Notes

- 1.The candidate shall submit an assignment on the topics prescribed under Section A
2. There will be practical examination for the Section B: The Board of Examiners will consist of one External (appointed by the University) and an Internal appointed on the recommendations of Head /Dean of the Department /Faculty, Education & Allied Sciences

Suggested Studies

1. BKS Iyengar : Yoga Deipika, Iyengar Yoga Centre, Pune
2. Swami Satyananda : Yoga Asana, Pranayama, Mudra evam Bandha, Munger
3. Acarya Rajanish : Patanjali Yogasutra
4. Jaminin : Patanjali Yogasutra
5. Swami Vivekananda : Rajayoga
6. Yellow Yoga Book : Vivekananda Yoga Kendra Publication
7. Pranayama : Vivekananda Yoga Kendra Publication
8. Vimala Karnataka : Yoga Darsana
9. R.R.Pandey : Samagra Yoga

Environmental Ethical Consciousness

Objectives

The Students will

1. Provide a meaning and value to human existence and makes life worth living.
2. Get balanced consideration of individual, social and cosmic values.
3. Understand nature-consciousness, care and eco-sensibility.
4. Know the togetherness of constitution of total personality.

Course Contents

Unit-I

Environmental Consciousness: Concept & Meaning, history, development-past & present ; Human ecology & eco-personality: Meaning, dimensions & need, Pancakosa, mind-body-soul

Unit-II

Religio-spirituo-ecology: Origin & Development of dharma, Dharma & Dharmika astha, dharma & samprdaya, dharma, karma & atma, rituals & worship ;Socio-cultural ecology: Culture & Civilization, Trends & Traditions,

Unit-III

Moral & educative ecology: Value & education, value&vyavahara, individual & social values, swartha & sukha, good & evil, heya & preya; Man, meaning & morality: Enlightenment, communication & silence ;Socio-eco-political ecology:, Individual & social consciousness, profession & vocation,

Unit-IV

Role of Literatures and Media in evolution and Growth of Environmental consciousness.

Suggested Studies

- Peter Singer: Applied Ethics, Oxford University Press
- Peter Singer: Practical Ethics, Cambridge University Press
- R.Winkler: Applied Ethics: A Reader, Blackwell Pub. UK, Cambridge
- Arun Majumdar: Explanation of Natural Events and Human Actions, Blackwell Pub
- B.L.Verma: Man, Nature and Environmental Laws, RBSA Pub. Jaipur
- Govind Chatak: Pryavarana aura samskriti ka sankata, Taksashila Pub, Delhi
- Govind Chatak: Pryavarana Prampara aura Apasamskriti, Taksashila Pub, Delhi
- K.C.Agarwal: Environmental Biology, Agro Botanical Pub, Jaipur
- K.S.Vadya: Coping with Natural Hazards: Indian Context, Univ Press, Hyderabad
- K.Sivraman: Hindu Spirituality Vedas through Vedanta, SCMPress Ltd, New York
- M.K.Gandhi: Ethical Religion, Navjivan Pub House, Ahmedabad
- Sharma & Sharma: Indian Psychology, Atlantik Pub & Dist., New Delhi

Yoga Education for better Living

Objectives

The Students will

- Be able to understand the role and importance of yoga
- Understand the nature of Prakrti and Purusa
- Develop understanding about nature of viveka and God
- Be able to understand the Literature of Yoga

Course Contents

Unit-I

Yoga: Concept and Definition of Yoga, basis, need and importance, Astanga yoga,

Unit-II

Nature and place of God, Relation between Purusa and Prakrti, Nature and means of Liberation

Unit-III

Philosophical Foundation of Indian Culture

Unit-IV

Philosophical Foundations of Indian Values

Suggested Studies

13. H.R.Nagendra ; Yoga: Basis and Application
14. S.P.Atrey : Yoga Manovigyana
15. Harendra Prasad Sinha : Indian Philosophy
16. C.D.Sharma ; A Critical survey of Indian Philosophy
17. Vimala Karnataka : Yagavashistha kia Samiksatmaka Adhyayana
18. J.G.Larson : The Classical Samkhya
19. P.T.Raju : Structural Depths of Indian Thought

Third Semester

PHILCC-301

Paper-I: Epistemology

Objectives

The Students will

1. Be able to understand the concept & origin of Knowledge
2. Acquire Knowledge of other kinds and theories of truth
3. Gain understanding of various kinds of Pramanyvada
4. Have understanding about Eastern & Western concept of Epiestemology

Course Contents

Unit-I

The concept of Knowledge: Origin, limitation, validity with reference to Rationalism, Empiricism and Criticism, Knowledge and Belief

Unit-II

The problem of Induction, Hypothesis and confirmation

Unit-III

Knowledge of other kinds and problem of Personal Identity; Idealism, Realism and Phenomenology ;Theories of Truth: Coherence, Correspondence, Pragmatic, Semantic

Unit-IV

Pramanyvada : Svatah Parmanyvad and Partah Parmanyavad, Pramana Samplava & Pramana Vyavastha, Problem of Error (Khyativad), Asatkhyati, Akhyati, Anayathakhyati, Vipritakhyati, Satkhyati and anirvacaniyakhyati

Suggested Studies

1. John Hoppers : An Introduction to Philosophical Analysis
2. R.M.Chishlon : The Theory of Knowledge
3. Devaraja, N.K.: An Introduction to Sankara's theory of Knowledge
4. Vardacari, K.C. Sri Ramanuja Theory of Knowledge
5. D.M.Datt : Six Ways of Knowing
6. R.L.Singh : An Enquiry concerning Reason in Kant and Sankara
7. H.S.Upadhyaya : Gyan Mimansa Ke Mula Prasana

Paper-II: Jainism

Objectives

The Students will

1. Learn the Philosophy and Religion of Jain
2. Understand the Sramanic culture of India
3. To develop the knowledge of relativism and its relevance
4. Understand the Ethical codes of Monk and Householder of Jaina

Course Contents

Unit-I

.Jain Culture : Concept of Tirthankara, Jainagama (Literatures), Jain Culture

Unit-II

Metaphysics : Concept of matter and Dravya, Seven Categories, Six dravyas

Unit-III

.Epistemology : Concept of Knowledge, Theory of Judgement, Syadvada, Saptabhangi, Naya, Niksepa

Unit-IV

Ethics : Bondage, Liberation, Triratna, Panca mahavratas & Anuvratas; Theory of Karma

Suggested Studies

1. MohanLal Mehta : Jaindharma Darsana
2. M.L.Mehta : Jain Philosophy
3. Kailash Chandra Jain : Jain Dharma
4. Tattvarthasutra (Sukhalal Sanghavi)
5. Dravya Samgraha ;Kailash Chandra Shastri (Edt)
6. Nand Kishore devaraja : Bharatiya Darsana
7. C.D. Sharma ; A Critical Survey of Indian Philosophy
8. Dutta & Chatterjee ; An Introduction to Indian Philosophy
9. Acary Mahaprajna : Jana Darsana Manan aura Mimansa
10. Rajjan Kumar : Different Aspects of Jainism

Paper-III & IV: Optionals

Students shall opt any two of the following papers

PHILEL-303

(A): Philosophy of Sankaracarya

Objectives

The Students will

1. Have in-depth knowledge about the philosophy of Sankaracarya
2. Learn about Pre- Sankara Vedanta
3. Understand relevance about Vedanta to modern Times

Course Contents

Unit-I

Pre Sankara Vedanta : Gaudapada, Caturstuti Sankar's Criticism of the other system's of Indian Philosophy : Sankhya, Vaishesika, Buddhism and Jainism

Unit-II

Brahma: Status of God in Sankar's Philosophy; World as vivarta of Brahma, Concept of Maya, Adhyasa & Trividh Satta

Unit-III

The nature of Jiva : Its relationship with Brahma ; Liberation and its means: Jivanamukti & Videhamukti, Role Reason and Revelation in Vedantic Philosophy

Unit-IV

School of Sankara Vedant ; Bhamati Vivarana & Vartika, Relevance of Vedanta to Modern Times

Suggested Studies

1. George Thebut ; Brahmasutra
2. R.K.Tripathi : Caturstutribhasya
3. S.L.Pandey : Mula Sankara Vedanta
4. Satyananda : Brahmasutrabhasya
5. Arjuna Mishra & H.N.Mishra: Advaita Vedanta
6. S.S.Roy : The Heritage of Sankara
7. S.K.Das ; A study of Vedant

(B): Philosophy of Ramanujacarya

Objectives

The Students will

1. Know ideas of Philosophy of Ramanujacarya
2. Understand status of God in Ramanujacarya's Philosophy
3. Develop understanding to analyze Buddhism & Jainism in reference to Vedanta

Course Contents

Unit-I

Early Vaisnavism : Catuhsutri, Criticism of other system of Indian Philosophy- Sankhya, Vaishesika, Buddhism and Jainism

Unit-II

Doctrine of brahma ; status of God ,

Unit-III

Ramanuj's criticism of Sankar's mayavada; Ramanuja's Brahma Parinamavada

Unit-IV

The Nature of Jiva and its relationship to Brahma, Liberation

Suggested Studies

1. George Thebut ; Brahmasutra
2. R.K.Tripathi : Catuhsutribhasya
3. C.D.Sharma : A Critical survey of Indian Philosophy
4. Satyananda : Brahmasutrabhasya
5. S.Radhakrishnana ; Brahmasutrabhasya
6. S.K.Das ; A study of Vedanta
7. Bhandarkara ; Vaisnava and Saivadharm

(C): Philosophy of Education

Objectives

The Students will

1. Be able to understand the meaning & concept of Philosophy of Education
2. Develop insight into the aims and agencies of Education
3. Develop on extensive knowledge about the educational

Course Contents

Unit-I

Meaning and Concept of Philosophy of Education, Relationship between Philosophy and Education ; Aims, Importance, Factor effecting of Education

Unit-II

Agencies and Commission of Education : Need and Importance, Classification of Agencies, Role of Family, School, and Media (Television, Radio and Print), Secondary Education Commission 1952-53, Indian Education Commission 1964-66, NEP-2020

Unit-III

Indian Educationists : Vivekanand, Aurobindo, Tagore, Gandhi, Dayanand with special reference to Aims of Education, Curriculum, methods of Teaching, Teacher- taught relationship and discipline.

Unit-IV

Western Educationist : Idealism and Naturalism, Pragmatism and Materialism ,Realism and Existentialism with special reference to Aims of Education, Curriculum, methods of Teaching, Teacher- taught relationship and discipline.

Suggested Studies

8. Ross , J : Groundwork of Educational Theory
9. Brubacher, J.U. : Modern Philosophies of Education, Mc Grow Hill , New York
10. Hanary, N.B. : Modern Philosophies and Education, Central book depot, Allahabad
11. Verma, m : The philosophy of Indian Education, Routledge and Kegan paul, London
12. Pandey , R.S. Educational Philosophies (Hindi)
13. Lal, B.K : Samkalina Bhartiya Darsan, Motilal banarasidas
14. Lal, B.K : Samkalina Pashchatya Darshan , Motilal banarasidas
15. S. Radhakrishnan : Indian Philosophy Part I and II , Motilal banarasidas

(D): Buddhism

Objectives

The Students will

1. Have indepth knowledge about the philosophy and thoughts of Buddhism
2. Understand pre-Buddhist Age of India
3. Understand the themes of different schools of Buddhism
4. To know the relevance of Buddhism to modern times

Course Contents

Unit-I

Introduction : Pre-Vedic and post-Vedic background , life of Buddha, the Dhamma, the Samgha; History : The four Buddhist Councils, Early Buddhist sects, Hinyana, Mahayana and Tantrika; Sects : Hinyana and Mahayana

Unit-II

Fundamentals of Buddhism ; Aryasatya, Pratityasamutpada, Nirvana, Paramartha satya, Atma and nairatma

Unit-III

Buddh and bodhisattva : Basics of Trikayavada, Bodhisatva, Parmityan, Sila, Samadhi, Dasabhumi

Unit-IV

Early Buddhist sects, Hinyana, Mahayana and Tantrika; Sects : Hinyana and Mahayana

Suggested Studies

1. T.R.V. Murti : The Central Conceptions of Buddhism
2. Baldev Upadhyaya ; Bauddha darsana Mimansa
3. Bharat singh Upadhyaya : Bauddha darsana evam Bharatiya darsana
4. G.C.Pandey ; Bauddha Dharma ke Vikasa ke Itihasa
5. E.J. Thomas ; The History of Buddhist Thoughts
6. Anand Bhadant : Bhagavana Buddha aura Unka Dharma
7. Bhiksu Dharma Caritra ; Bauddha dharma ke Mula Siddhanta
8. Maxmuller ; Studies in Buddhism
9. Dipak kr. Barua ; Buddhist Ethical Discourses to the Leity

(E): Logic

Objectives

The Students will

1. Understand the importance of logic
2. Understand different form of Propositions & Values
3. Able to acquire the knowledge about the concept, principles & practices of Logic
4. Have knowledge about Deductive & Analytic Logic

Course Contents

Unit-I

Logic : Meaning and nature , Deductive and Inductive, Proposition , Fallacies

Categorical Propositions ; Traditional square of opposition, standard form of categorical propositions, Diagram of square of opposition, the immediate inferences based on traditional square of opposition, immediate inference, conversion, obversion, contraposition, existential import, symbolism and diagrams of categorical propositions, syllogism, figure, invalid and valid truth value

Unit-II

Propositions connectives ; Truth functional and non-truth functional, truth functional analysis of negation, conjunction, disjunction, implication and equivalence

Unit-III

Classification of Propositions into tautology, contradictory and contingent, decision procedures: Truth tables and Boolean expansion, formal proofs of validity, propositions, predicate logic, general and singular propositions, universal and existential quantification, their semantically analysis

Unit-IV

Logic of the square of opposition, rules of quantification, deductive system, their formal properties

Suggested Studies

1. I.M.Copi : Introduction to Logic
2. A.k.Verma : Sarala Nigamana Tarkasastra
3. I.M.Copi : Symbolic Logic
4. Raj Narain ; Pratikatmaka Tarkasastra
5. G.I.Lewis ; A Survey of Symbolic logic
6. A.k.Verma ; Pratikatmaka Tarkasastra

(F): Analytic Philosophy

Objectives

The Students will

1. Understand the various aspects of language and analytic philosophy
2. Have knowledge of Wittgenstein concept of names & objects
3. Develop an understanding of various type of meaning
4. be able to understand about the speech acts

Course Contents

Unit-I

The Linguistic in Contemporary Philosophy, the Philosopher's concern with languages as distinguished form that of (a) a linguistic (b) a literary critic (c) a Psychologist and (d) an Anthropologist, Syntactics, Semantics and Pragmatics ; Cognitive and non-cognitive meaning, the verifiability principle as a theory of meaning and its major difficulties

Unit-II

Wittgenstein's Conceptions of names and objects : Frege's distinction between sense and reference as applied to I) names ii) sentence, Frege and Russell of description, the picture theory of meaning, mention, use and usage, Language-game and forms of life in the philosophical investigations ; Critique of private language

Unit-III

Ryle and the notion of systematically misleading expressions; Category- mistake and Cartesian Dualism

Unit-IV

Constative and Performative Utterances, the theory of Speech acts, Locutionary and illocutionary and perlocutionary speech acts

Suggested Studies

1. L. Wittgenstein ; Tractatus logic Philosophy
2. L. Wittgenstein : Philosophica Investigation
3. A.J. Ayer : Language, Truth and logic
4. D.N. Dwivedi ; A Study of Wittgenstein's Philosophy
5. B.K. Lal ; Samakalina Pascatya Darsana
6. Laxmi Saxena : Samakalina Pascatya Darsana
7. B.R. Cross; Analytical Philosophy and its means

Paper-III & IV: Optionals

Students shall opt any One of the following papers either A or B as Paper V

PHILEL/ IER -309(A)

Paper V: Computer Application in Philosophy

Objectives

The Students will

1. Understand the need of proper knowledge of Computers
2. Learn Hardware, Software & Operating System of Computer
3. Learn to prepare a comprehensive report with the help of Computer
4. Be able to appreciate the role of Computer for educational management

Course Contents

Unit-I

Introduction to Computer's Development History, Generation of Computer's Characteristics of Computer, Types of Computer

Unit-II

Computer Hardware: Organization of Computers; Peripheral Devices, Input/Output Devices; Memory System ;Computer Software & Operating Systems: Introduction of O.S.: DOS & Windows (Brief Introduction): Word Processing; spread sheets; Types of Computers Software, Relationship between Hardware & Software

Unit-III

Developmental Issues in the Design of Courseware; Role of Multimedia courseware in Education; authoring system and languages; Development of courseware through authoring tools; use of Computers for Educational Management, Library Examination

Unit-IV

Care of Computer System; Peripherals; Storage Media & Software ; Common Software Tools- Graphical tools, Mathematical & Statistical tools; Information Management tools ;Data base Management System's; Basic Concept of Data base: Common DBMS commands; Expressions, Report, Level, Programming in FoxPro

Suggested Studies

1. Bartee, T : Introduction to Computer Science
2. Gerard, R : Computer and Education
3. Whiting : Computer Education
4. Barrelet, B.K : Computer in Educational Management
5. Hanafin, M.J. : Merging Accountability with Technology
6. Rajaramanna,V : Fundamental of Computer-PHI
7. B.Ram : Computer Fundamentals
8. Mc. Dongall & Dowling. C : Computers in Education North Holland
9. Cliff Bervers et. Al : Software Tools in Computer Aided Learning in Mathematics

Paper V: Applied Ethics

Objectives

The Students will

1. Have knowledge about Applied Ethics
2. Understand the meaning of Professional Ethics
3. Be able to learn the limits of Applied Ethics
4. To acquaint with Application of Philosophy of ecology

Course Contents

Unit-I

Nature and Scope of Applied Ethics: Theoretical Formulation of Applied Ethics Limits of Applied Ethics

Unit-II

Values: Value and Disvalue; Value neutrality and culture-specific –Values

Unit-III

Professional Ethics: Profession and Business; Morals and Laws in Profession, Ethical codes of Conduct for various kinds of Professionals

Unit-IV

Applied Ethics and Ecology

Suggested Studies

1. Peter Singer {ED}: Applied Ethics in the Oxford Reading in Philosophy Series
2. W.K Frankena: Ethics Prentice-Hall 1973
3. T.L Beauchamp & Walters {Edt}: Contemporary Issues in Bioethics
- 4 David Lamp: Down the Slippery Slope: Arguing in Applied Ethics
5. Winkler E.R & Combe J.R {Edt}: Applied Ethics: A Reader Black well. 1998
1. Almond Brenda & Hill Donald: Applied Philosophy: Morals and Metaphysics in Contemporary Debates
- Springge, T.I.S: The National Foundation of Ethics
2. Hafling Oswald: The Quest for Meanin

Applications of Yoga : Theory & Practice

Objectives

1. Understand the theory and practices of yoga
Learn the conception and misconception of yoga.
2. Have knowledge about the practices of Asana, Pranayama & Dhyana
3. Have knowledge about different school of Dhyanyoga

Unit-I

Introduction: Yoga, it's meaning & purpose & Nature of Yoga; Chitta,

. Unit-II

Ancient and Modern trends of Yoga

Unit-III

asana and Pranayama

Benefits, precautions, and contraindications of different Asanas; Concept of Prana & Aya ma, Pranayama its phases and stages; Prerequisites of Pranayama in Hatha Yoga Sadhana; P ranayama Benefits, precautions and contraindications of Pranayama.

Unit-IV

Bandha, Mudra and other practices: Concept, definition of Bandha and Mudras,

Benefits, precautions and contraindications. Concept, definition, benefits and Techniques of Pratyahara, Dharana and Dhyana in Gheranda Samhita; Concept and benefits of Nada and Nadanusandhana in Hatha Pradeepika, Four Avasthas (stages) of Nadanusandhana; Relationship between Hatha Yoga and Raja Yoga; Goal of Hatha Yoga. Relevance of Hatha Yoga in contemporary times.

Suggested Studies

1. H.R.Nagendra ; Yoga: Basis and Application
2. S.P.Atrey : Yoga Manovigyana
3. Harendra Prasad Sinha : Indian Philosophy
4. C.D.Sharma ; A Critical survey of Indian Philosophy
5. Vimala Karnataka : Yagavashistha kia Samiksatmaka Adhyayana
6. J.G.Larson : The Classical Samkhya
7. P.T.Raju : Structural Depths of Indian Thought

Fourth Semester

PHILCC-401

Paper I: Phenomenology & Existentialism

Objectives

The Students will

1. Develop understanding of Phenomenology & Existentialism
2. Understand the relation of noesis & noema
3. Be able to learn the various philosophers ideas about concept of being
4. Enhance the interest of exploring latest philosophical enquiries

Course Contents

Unit-I

Phenomenology as a Philosophical movement: the phenomenological method, the radicalization of the Cartesian Scepticism, the need for the reconstruction (or reestablishments) of knowledge, the subjectivity, Essences, Intentionality

Unit-I

The noesis-noema relation: the field of consciousness, Inter-subjectivity versus solipsism within (Husserlian) Phenomenology, the Hermeneutical and essential phenomenology

Unit-I

Existentialism as a revival of Romanticism and as a challenge to rationalism; the new way of understanding human existence; man and the world nexus; theistic and atheistic existentialism

Unit-I

Being and Nothingness; Individual freedom; Kierkegaard on subjectivity as truth; Heidegger on Man as being in the world ; Jasper's Concept of Being; Marcel on the problem of Being in the Body; Sartre on Existentialism, Humanism and Marxism, Existentialism and positive- their contrast

Suggested Studies

1. Harold H. Titus : Living Issues in Philosophy s
2. J.L.Mehta ; Philosophy of Martin Heidegger
3. D.M.Datta ; The Chief Currents of Contemporary Philosophy
4. Arne Ness ; Four Modern Philosophers
5. Quentin Lauer ; Phenomenology and the Crisis of philosophy
6. John Passmore ; hundred Years of Philosophy
7. John Wild : Existentialism and the world Freedom
8. Sabhajit mishra ; The Anguished Freedom
9. Michael Gelvin : A commentary on Heidegger's "Being and Time"
10. Edmund Husserel ; Logical Investigations and Cartesian Meditations
11. B.k.lal ; Samakalina Paschatya darsana
12. Laxmi Saxena ; Samakalina Paschatya darshana
13. sW.T. Jones : The Twentieth Century to Wittgenstein and Sartre
14. H.J.Blackham ; Six Existentialist Thinkers
15. John Macquarrie : Existentialism
16. Saxena and Mishra : Astitavada ke Pramukha Vicharaka
17. H.N.Mishra : Astitavada

Paper II: Indian Ethics & Social Philosophy

Objectives

The Students will

1. Have in-depth understanding of Indian Ethics & Social Philosophy
2. Be able to learn the notions of Gita
3. Understand the role of Education in society
4. Learn ideas of Gandhi on non-violence, truth & sarvadharmasambhava

Course Contents

Unit-I

Indian Ethics and its basic Features, The Vedic Concept of Rta and Rna, The Purusarthas, concept of Dharma, Varna and Asrama-Dharma,

Unit-II

Gita's notion of Svadharma and Lokasamgraha, The ideals of Sthitprajna and niskama karma; the Buddhist ideal of bahujana sukhaya and bahujana hitaya, Arhata and bodhisattva, the ideal of non-violence; Gandhian concept of Truth and non-violence, Gandhi and Ambedkara on caste system and untouchability

Unit-III

Social Philosophy : meaning, aims and importance, Theories of relation between individual and society; role of education in society, the place of Religion in society, Religious fundamentalism and religious tolerance, and inter-religious harmony,

Unit-IV

Gandhi on sarvadharmasambhava, Gandhism-ends and means of social change, Satyagraha, Doctrine of trusteeship and the ideal of sarvodaya, humanism as a religion, the sacred and the secularism, secularism in context of contemporary India justice, equality and liberty as social ideals, Marxism- historical materialism, class struggle and the ideal of classless and stateless society, Alienation, family and marriage as socio-spiritual institution

Suggested Studies

1. VedaPrakash Verma : Nitisastra ke mula Siddhanta
2. H.N.Mishra : Nitsastra ke Siddhanta
3. Sangam Lal Pandey : Nitisastra ka Sarveksana
4. Ramaji Singh ; Gandhi Darsana Mimiansa
5. Divakara Pathaka : Bharatiya Nitisastra
6. M.K.Gandhi ; Hindu Dharma
7. R.N.Kaul : Critical Introduction to Social Philosophy
8. S.K.Maitra : Indian Ethics
9. I.c.Sharma ; Ethical Philosophies of India
10. B.L.Atrey ; Bharatiya Acara Samhita
11. J.S. Mekanzi : Outlines of Social Philosophy
12. S.B. Singh ; Samaja Darsana
13. S.L.Pandey : Samaja Darsana eka Pranali

Paper III: Philosophy of Kant, Hegel and Bradley

Objectives

The Students will

1. Acquire knowledge about ideas of Kant regarding Reason, soul, God & Critical Philosophy
2. Develop understanding of absolute idealism
3. Understand indepth knowledge of Bradley
4. Know the importance of Hegelian Philosophy

Course Contents

Unit-I

Kant

The Critical Philosophy: Classification of Judgment, Possibility of Synthetic Apriori judgment, Copernican revolution, Forms of Sensibility, Categories of Understanding, Transcendental Deduction, Phenomenon and Noumenon, the Ideas of Reason, Soul, God and the World as a Whole

Unit-II

Hegel

Spirit, Dialectical Method, and Absolute Idealism

Unit-III

Bradley

Quantity and Relation, Nature of Appearance, Forms and Reality, Absolute

Unit-IV

Comparison: Kant] Hegel and Bradley

Suggested Studies

1. Kant: Critique of Pure Reason
2. A.C Erving : A Short Commentary on Kant's Critique of Pure Reason
3. R.L.Singh: An Enquiry concerning Reason in Kant and Sankar
4. Sabhajit Mishra : Kant ka Darsana
5. W.T.Stace ; Philosophy of Hegel
6. Daya Krishna: Pascatya Darsana Ka Itihasa
7. J.S.Srivastava :Arvacina Darsana ka Vegyanika Itihasa
8. O,Conor : A Critical History of Western Philosophy
9. F.H.Bradley: Appearance and Reality
10. Hegel: Philosophy of Spirit
11. H.L.Haldar; Neo-Hegalinism

Paper IV: Dissertation

Objectives

The Students will

1. To acquaint with the reserve process of Philosophy
2. Have an idea about the types of Philosophical Research concerning a school of philosophy or research concerning an individual's philosophy
3. Have knowledge to collect data in philosophy from primary and secondary sources and collate data from inferential interpretation
4. Understand the importance of project work in Philosophy

Each student will have to complete the dissertation on a topic allotted to him/her. Typed copies of the dissertation shall be submitted to Head, Department of Applied Philosophy one month earlier before the start of IV Semester Examination and should be accompanied with a declaration by the student that it is his /her own work and that it has not been submitted anywhere previously.

The dissertation will be examined by a board of Examiners consisting of Head, Department of Applied Philosophy, External Examiner (appointed by the University) and supervisor concerned.

PHILCC-405

Paper V: Comprehensive Viva-voce

Objectives

1. To check that the dissertation is a piece of original and new research by the investigator
2. To verify that the student have clear conceptual frame-work about dissertation
3. To check that the students have acquired basic knowledge of Research Methodology
4. To know that the students have clear idea about reference books and text books

Each student will have to appear for comprehensive Viva-voce before the Board of Examiners (as given above under Dissertation). The examiners shall put questions related to any course of study of any semester.

PHILIRA-401

Foundation of Yoga

Objectives

The Students will

5. Understand the theory and practices of Rajayoga
6. Learn the concept of yoga in Jainism, Buddhism & Hinduism with special reference to Rajayoga of Patanjali
7. Have knowledge about the practices of Asana, Pranayama & Dhyana
8. Have knowledge about different school of Dhyanyoga

Course Contents

Section A : Theory

Unit-I

Basis and Concept of Yoga

Unit-I

Karma , Jnana and Bhakti Yoga

Unit-III

Theories of Yoga Practices

Unit-I V

Application of Yoga

Section B: Practices

Unit-I

1.Asana : Ardhakati Cakra ,Padastha, Ardhaacakra, Salabha, Bhujanga, Dhanura, Matsya, Padma, Vajra, Ardhamatsyendra, Mayura and savasana

Unit-II

2.Pranayama : Nadisuddhi, Suryabhedhi, Candrabhedhi, Bhramari, sitali, sitkari, Sadanta

Unit-III

3.Dhyana: Omkara, Cyclic

Unit-IV

4. Satakarma

Notes

- 1.The candidate shall submit an assignment on the topics prescribed under Section A
2. There will be practical examination for the Section B: The Board of Examiners will consist of one External (appointed by the University) and an Internal appointed on the recommendations of Head /Dean of the Department /Faculty, Education & Allied Sciences

Suggested Studies

10. BKS Iyengar : Yoga Deipika, Iyengar Yoga Centre, Pune
11. Swami Satyananda : Yoga Asana, Pranayama, Mudra evam Bandha, Munger
12. Acarya Rajanish : Patanjali Yogasutra
13. Jaminin : Patanjali Yogasutra
14. Swami Vivekananda : Rajayoga Yellow Yoga Book : Vivekananda Yoga Kendra Publication

Skill Management of Man Made Environment

Objectives

The Students will

1. Provide a meaning and value to human existence and makes life worth living.
2. Get balanced consideration of individual, social and cosmic values.
3. Understand nature-consciousness, care and eco-sensibility.
4. Know the togetherness of constitution of total personality.

Course Contents

Unit-I

Environmental Consciousness: Concept & Meaning, history, development-past & present

Unit-II

Human ecology & eco-personality: Pancakosa, mind-body-soul, dharma, karma & atma, rituals & worship

Unit-III

Psycho-behavioural ecology: Mind & body, Sense-organs & sensation, desires & drives,

Unit-IV

Moral & educative ecology: Value & education, value&vyavahara, individual & social values, swartha & sukha, good & evil, heya & preya; Socio-eco-political ecology:, Individual & social consciousness, profession & vocation,

Suggested Studies

- Peter Singer: Applied Ethics, Oxford University Press
- Peter Singer: Practical Ethics, Cambridge University Press
- R.Winkler: Applied Ethics: A Reader, Blackwell Pub. UK, Cambridge
- Arun Majumdar: Explanation of Natural Events and Human Actions, Blackwell Pub
- B.L.Verma: Man, Nature and Environmental Laws, RBSA Pub. Jaipur
- Govind Chatak: Pryavarana aura samskrti ka sankata, Taksashila Pub, Delhi
- Govind Chatak: Pryavarana Prampara aura Apasamskrti, Taksashila Pub, Delhi
- K.C.Agarwal: Environmental Biology, Agro Botanical Pub, Jaipur
- K.S.Vadya: Coping with Natural Hazards: Indian Context, Univ Press, Hyderabad
- K.Sivraman: Hindu Spirituality Vedas through Vedanta, SCMPress Ltd, New York
- M.K.Gandhi: Ethical Religion, Navjivan Pub House, Ahmedabad
- Sharma & Sharma: Indian Psychology, Atlantik Pub & Dist., New Delhi